

# Copper 88 Prevention and Cure

Injury is the enemy of any sportsperson at any level the world over. From Sunday league soccer player to world champion sprinter. Put simply, injury stops you from performing at your best.

We know our own bodies better than anyone; those old injuries, those niggles we feel, the sore joints we suffer; the things we need to manage to make sure that we keep going, week in week out.

Combining this knowledge with wearing Copper88 compression wear to minimise the chances of picking up unwanted and unnecessary injury makes total sense

Copper88 compression base layers and sleeves are made from a uniquely developed fabric containing embedded copper fibers.

Copper is essential to our wellbeing and vital to the health of the body on multiple levels, whilst compression helps to protect those parts of the body most susceptible to injury by concentrating the flow of blood through areas of vulnerability.

Copper also helps the transportation of oxygen through the bloodstream to help speed up recovery for damaged muscle and joint tissue. It also has powerful antibacterial properties to protect against infection.

Wearing Copper88 as part of sporting and daily attire will help to support the condition of muscles and joints, protect you from injury, and keep you going whatever your level of performance.

The fabric is lightweight yet durable, and with very fast wicking properties will keep you feeling dry and fresh even in extreme conditions. Without riding or wrinkling, Copper88 is extremely comfortable to wear all day long.

And because the fibers are embedded into the material, the copper remains active in all Copper88 base layers and sleeves and never stops nourishing the body.

So for effective prevention and quicker recovery from injury - regardless of your lifestyle, exercise regime, or performance level - choose Copper88 compression wear.